

Issue: 05/2023-24

Date: 01.11.2023

RI DIST 3181

Club Charter No:51077

OFFICIAL BULLETIN OF ROTARY CLUB OF MANGALORE DOWNTOWN

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+91 7975525054

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+91 9448386322

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We Meet :

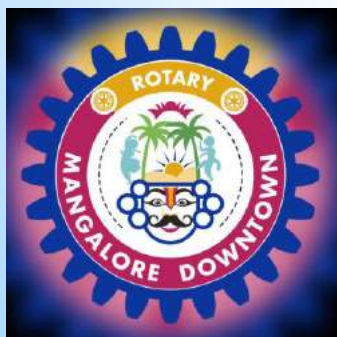
Every Tuesday

Venue: Green Room,
Eden Club, Nanthoor,
Mangalore - 575008

Time: 7:30 PM

Club Website:

<http://rcmangaloredowntown.rotaryindia.org/>



PRESIDENTIAL MUSINGS



October- What an eventful month it was. It started with 'Swachhata-Hi-Seva', a beach cleaning drive on 1st October. In line with the call given by RI President Rtn Gordon R. McNally, we began our year long journey on Mental health projects by inaugurating the first such programme on 7th October on "Mindful Equality - Mental Health as a Universal Human Right" by Mangalore South MLA Shri Vedavyas Kamath. This

was followed by another programme on mental health on 14th October at Kumpala on 'Protection of mental health of the youth for good life'.

We also co-hosted a drama 'Anamika' towards 'Save a Girl Child' in association with other Rotary Clubs & organisations. Our members participated in the car rally organised on the occasion of 'World Polio Day' by all the clubs of Zone 2 & 3 to create awareness on polio.

We had a mega blood donation camp at Karambar school, which was a huge success. Along with the camp, a medical check-up for Non-communicable diseases was also held. All these events have created a good image for the Rotary and also satisfaction for the members who participated in these events.

Our member Rtn Dr Savitha Gatty also donated to Karambar School in memory of her late father. I thank her for this kind gesture.

We are successful in coordinating a talk by Hari & Mamta, the husband & wife duo on 'Demystifying Parkinson disease' at RC Navi Mumbai Sunrise.

Zonal Cricket tournament is being held on 5th November. Our members are practicing very hard. I wish them all the best and sure that they come out with flying colours. I also congratulate all the participants and the winners at the recently held Zonal Indoor Competitions.

November is 'The Rotary Foundation Month'. I earnestly request our members to donate generously for "creating hope in the world".

“SWACHHATA HI SEVA (SHS)- 2023” - BEACH CLEANING

[illegible]

1st October, 2023

Government of India has initiated a Massive Cleanliness Drive – **“SWACHHATA HI SEVA (SHS)- 2023”** Campaign all over India on 1st October, 2023 from 10.00 AM to 11.00 AM. As part of this massive Pan-India cleanliness drive, Rotary Club of Mangalore Downtown actively participated in the massive Beach Cleaning Drive organised at Tannir Baavi Beach near Forest Tree Park on 1st October, 2023 by the Central GST Department and Directorate General of GST Intelligence, Mangaluru. From our club President Rtn Ganesh Prabhu, Rtn Eknath Dandekeri, Rtn Ganesh M.P., Rtn Rajesh Shetty, Ann Saritha Shetty and Jon Aryan Dandekeri participated in the beach cleaning drive.

"MINDFUL EQUALITY- MENTAL HEALTH AS UNIVERSAL RIGHT "



7th October, 2023

Rotary Mangalore Downtown in association with Anirveda Resource Centre for Psychological Wellbeing ® and Swastika National School organised "Mindful Equality - Mental Health as a Universal Human Right" at Mangalore. It is the beginning of our year long such projects highlighting mental health in line with the call given by our RI President Rtn R. Gordon R. McInally. Session was inaugurated by Shri Vedavyas Kamath, MLA, Mangalore City South, who appreciated the efforts taken by these institutions in creating awareness about the mental well being and promised to extend all the possible help in this regard. Key Note Speaker for the day was Rtn. Dr. Ravish Thunga, Consultant Psychiatrist, Manaswini, Mangalore. He stressed the importance of mental health and the role of meditation and yoga in maintaining the mental wellbeing. He also stressed that the social stigma attached to the mental health is creating hinderance in treating the affected person. Rtn Eknath Dandekeri gave a brief talk on Rotary, its mission, four-way test, projects carried out world wise, especially in the filed of eradication of polio and also the projects carried out in Mangalore. Rtn Umesh Gatty, Secretary of our Club thanked the participating organisations in spreading mental awareness and also conveyed the willingness of Rotary Club of Mangalore Downtown in supporting such a cause as and when arises. All the participants were taken oath as 'Mental Health as a Universal Human Right'.

‘PROTECTION OF MENTAL HEALTH OF THE YOUTH FOR GOOD LIFE’



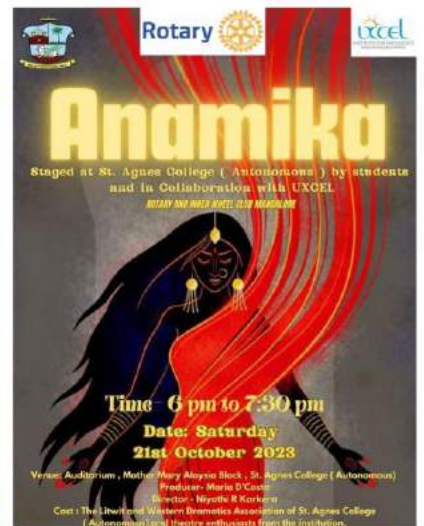
14th October, 2023

Our First project after inaugural program of the series of project under "MINDFUL EQUALITY- MENTAL HEALTH AS UNIVERSAL RIGHT " is held at Kesari Sabha Bhavana, Kumpala on 14th October, 2023 in Association with Swastika Business School, Anirvedha Mental Health Wellbeing Organisation and Kesari Mithra Vrinda Seva Trust. Topic for the programme is ‘Protection of mental health of the youth for good life’. Dr. B.S. Mahesh, Clinical Psychologist, was the resource person. Rtn. Umesh Gatty, Secretary of our club was one of the guests at the programme.

"Be dedicated to change the way in which people see mental illness at all levels of society. If not for yourself, advocate for those who are struggling in silence."

— Germany Kent

‘ANAMIKA – SAVE A GIRL CHILD’



21st October, 2023

Organised a Drama named ‘**ANAMIKA**’ on 21st October at St Agnes college auditorium as part of the project towards “**Save to a Girl Child**” in Association with St Agnes College, UCCL institute of Excellence and RC DOWNTOWN, RC METRO, RC BANTWAL, RC HILLSIDE, INNER WHEEL Club of Mangalore North. The drama was performed by the students of St. Agnes (Autonomous) College, Mangalore.

“It is said that girls with dreams become women with vision. May we empower each other to carry out such vision.”

- Meghan Markle



'MEGA BLOOD DONATION CAMP'



29th October, 2023

Our club in association with Dakshina Kannada District Administration, District Health & Family Welfare Department, Taluk Health Officer, Bondel Primary health Centre, Srinivas Medical College and Old Students Association, Karambar ® has conducted a **"Mega Blood Donation Camp"** at the Auditorium of DKZP Higher Primary School, Karambar on 29th October, 2023. Rtn Dr. Savitha Gatty and Rtn. Dr. Pavanchand Attavar were instrumental in organising this camp. President Rtn Ganesh Prabhu, Secretary Rtn Umesh Gatty, Treasurer Rtn Suraj Hebbar, Rtn Eknath Dandekeri and Rtn Prashanth Nayak were also present. During the camp, 50 units of blood was collected. During the camp, Medical Check-up in respect of Non-Communicable Diseases was also conducted wherein 100 people were screened and 7 patients with hypertension/ diabetes were detected. Information regarding "Ayushman Card" was also provided for the general public.

"Become a superhero with a simple act of blood donation."

‘Parkinson disease - Demystified’



Hari and Mamta, the Husband & Wife duo are on a mission to spread awareness about the Parkinson disease and are traveling across India and abroad by road to create awareness by speaking to patient groups, physician groups, caretaker groups etc. They gave a talk at Rotary Club of NAVI Mumbai Sunrise on 29th October, 2023. This event was coordinated by RID 3181 and Rotary Club of Mangalore Downtown.

‘VIDYA SIRI’

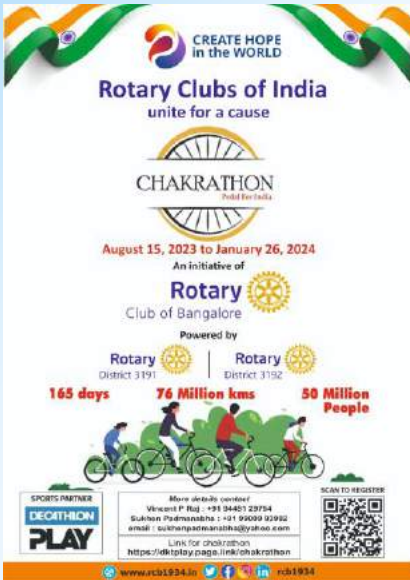
29th October, 2023



During the course of “**Mega Blood Donation Camp**” conducted on 29th October, 2023, our member Rtn Dr. Savitha Gatty donated Rs.10,000/- as financial assistance to the needy students of DKZP Higher Primary School, Karambar in memory of her father Late Shri P. Sanjeeva Gatty.

FORTHCOMING ROTARY EVENTS

“CHAKRATHON”



Rotary Clubs of India
unite for a cause

CHAKRATHON
Pedal for India

August 15, 2023 to January 26, 2024

An initiative of
Rotary
Club of Bangalore

Powered by
Rotary District 3191 | Rotary District 3192

165 days 76 Million kms 50 Million People

SPORTS PARTNER
DECATHLON PLAY

More details contact?
Vineeth P Raj - +91 96451 28754
Sukhen Padmanabha - +91 99069 92992
email: sukhenpadmanabha@yahoo.com
Link for chakrathon: <https://dtkplay.page.link/chakrathon>

SCAN TO REGISTER

www.rcb1934.in <https://www.facebook.com/rcb1934> <https://www.instagram.com/rcb1934> <https://www.linkedin.com/company/rcb1934>

Under the initiative of Rotary Club of Bangalore, Rotary Clubs of India unite for a cause in organising “CHAKRATHON- Pedal for India”, a unique programme arrange from 15th August, 2023 to 26th January, 2024.

It is spread over 165 days where participants are advised to cycle at their convenience using a Decathlon Play App which registers the distance covered by them.



Rotary Clubs of India
unite for a cause

CHAKRATHON
Pedal for India

FREQUENTLY ASKED QUESTIONS

1. Duration?
A. 15th Aug. 2023 to 26th Jan 2024 (165 days)
2. Where?
A. Your choice of place
3. When?
A. At your convenient time
4. Who can participate?
A. Anybody, any age, any gender
5. Cost of registration?
A. Rs. 95 + GST
6. How to register?
A. Scan the QR Code or connect through the link, given below
7. Why should I participate?
A. To support Rotary Community Projects
8. How many kms do I have to cycle?
A. You can choose - 7.6 / 26 / 760 / 7600 kms
9. Do I cycle all at once?
A. No, at your convenience
10. How do I register my kms?
A. Log on to Decathlon Play App, everytime you cycle
11. What do I get for participation?
A. Other than helping Rotary Projects you will receive a certificate of participation, a Gift Voucher and meeting prizes from Decathlon

SPORTS PARTNER
DECATHLON PLAY

More details contact?
Vineeth P Raj - +91 96451 28754
Sukhen Padmanabha - +91 99069 92992
email: sukhenpadmanabha@yahoo.com
Link for chakrathon: <https://dtkplay.page.link/chakrathon>

SCAN TO REGISTER

www.rcb1934.in <https://www.facebook.com/rcb1934> <https://www.instagram.com/rcb1934> <https://www.linkedin.com/company/rcb1934>

ROTARY INTERNATIONAL CONVENTION - 2024

“SHARING HOPE WITH THE WORLD”

Rotary International Convention for 2024 will be held at Singapore during 25th to 29th May, 2024.

The venue will be Martina Bay Sands Expo & Convention Centre and National Stadium, Singapore.



SHARING HOPE WITH THE WORLD

SINGAPORE | 25-29 MAY 2024

Rotary SINGAPORE 2024

SHARING HOPE WITH THE WORLD SINGAPORE | 25-29 MAY 2024



REGISTRATION CATEGORY	27-31 MAY 2023	1 JUNE 2023 TO 15 DECEMBER 2023	16 DECEMBER 2023 TO 31 MARCH 2024	1 APRIL 2024 TO 29 MAY 2024
Club member, nonmember, or guest, age 31 or over	\$450	\$500	\$595	\$695
Club member, nonmember, or guest, age 30 or under	\$150	\$175	\$225	\$275
Guest age 5-18	\$20	\$20	\$30	\$40
Guest under age 5	Free	Free	Free	Free
Saturday, House of Friendship only	\$60	\$60	\$60	\$100

All amounts are in U.S. dollars.



Register today at convention.rotary.org
#Rotary24

EN

Interested members are requested to register for the event.

FORTHCOMING ROTARY EVENTS



“RIDE FOR ROTARY – 8TH EDITION”

Get ready for an exciting journey with Ride for Rotary 8, scheduled for January 2024. 8th Edition of Ride For Rotary conducted by our District RID 3181 will be in two legs. The first one starts on 5th January, 2024 is from Udaipur to Goa and reach Mysuru on 20.01.2024. The second leg starts on 1st June, 2024 is from Chandigarh to Leh, Ladakh. Our Member, MD Rtn Suraj Hebbar Neria is part of the organising Team.



“IFCR WORLD FESTIVAL-2024 ”

IFCR WORLD FESTIVAL 2024 is planned in Chennai during 12th to 16th FEBRUARY 2024 by IFCR CHENNAI (3232). The registration needs to be done by the individual IFCR Members and teams would be formed by the host team during the inaugural ceremony of the world festival. The registrations have to be completed online in google form at this link <https://bit.ly/IFCR2024> latest by 30th Sep 2023.

FORTHCOMING ROTARY EVENTS

“ROTARY CRICKET HABBA 2.0 ”

“Rotary Cricket Habba 2.0”- Zonal Cricket Tournament for Zone 2 & 3 of RID 3181 is being organised by Rotary Club of Mangalore City on 5th November, 2023 at Padua High School Grounds, Kadri, Mangalore.

A Throw Ball Tournament for ladies is also being organised. Further, for the first time in the history of Rotary Zone 2 & 3, a match for the third place is also being played.

Come be part of the Cricket party



“BUSINESS EXPO-2K23”



Rotary



**Business Expo
2K23**

December 23,24,25. 2023

**Organised by Rotary Club Puttur Central
Zone 5 RID 3181
Mob : 9448732414**

“BUSINESS EXPO-2K23”- is being organised by Rotary Club of Puttur Central from 23rd to 25th of December, 2023 at Puttur.

FORTHCOMING ROTARY EVENTS

“PRAJNA PARVA”

Annual District conference for Rotary year 2023-24 has been aptly named “Prajna Parva” denoting ‘Festival of Supreme Knowledge’. It is being organised from 19th to 21st January, 2024 at Silent Shores, Mysore. Registration fee is Rs.50,000/- for Gold Patrons, which includes registration for couple, stay for couple at the venue and for Rotarians, Anns, Annets and Guests it is Rs.4,500/-.



Rotary CREATE HOPE in the WORLD

PRAJNA PARVA
Consciously Creating Hope

Rotary District 3181 - Conference 2023-24
Jan. 19th to 21st, 2024
Silent Shores Resort, Mysuru

**EARLY BIRD REGISTRATION OFFER
CLOSES ON 31ST OCTOBER**

Rotarian	- 4500/-
Rotarian Couple	- 7500/-
Ann./John	- 3000/-
Annet / Rotaractor	- 2500/-
Guest	- 4500/-

Scan for Registration & More details

PRAJNA PARVA
Bank : HDFC BANK
Account no : 50200076956110
IFSC : HDFC0000065
Branch : Saraswathipuram, Mysuru

HURRY UP!

For any queries call
8722 19 20 21

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“SAMARPAN-2K23”



Rotary CREATE HOPE in the WORLD

Registrations OPEN for the MOST sought after event of the Rotary year

SAMARPAN 2K23
Ek Soch... Ek Astha...

The TRF Seminar of RID 3181
Hosted by Rotary Club Puttur East
@ the divine abode of Lord Krishna
on 25th & 26th Nov 2023 @ Town Hall, Udupi

Registration fees @ Rs 1500/-

Bank Details:
Name: Samarpan 2k23
Act no : 110144795121
Bank : Canara Bank
Branch : Puttur
IFSC Code : CNRB0000013

QR Code

KINDLY SHARE DETAILS/ SCREENSHOT with Rtn Abbas K, Treasurer - 82823 - +919342384213

“SAMARPAN-2K23”- Ek Soch Ek Astha, TRF Seminar for RID 3181 is being organised by Rotary Club of Puttur East on 25th & 26th November, 2023 at Town Hall, Udupi.

Registration fee is Rs.1,500/- per Rotarians. Interested members are requested to register themselves.

FORTHCOMING ROTARY EVENTS

ROAD SAFETY ART COMPETITION

An All India level “**ROAD SAFTY ART COMPETITION**” is being organised for the children aged 5-10 years and 10-15 years under aegis of District Secretariat-2023 of RID 3181 as a Public Image and Road Safety Awareness Initiative.

It is an opportunity to show case the artistic talent of the children. The last date for the submission of entries is 13th November, 2023.

The poster is for the Rotary International District 3181 Public Image and Road Safety Awareness Initiative. It features the Rotary logo and the text 'CREATE HOPE in the WORLD'. The main title is 'ROAD SAFETY ART COMPETITION' in large, bold letters. Below it, it says 'For Ages: 5-10 yrs & 10-15 yrs'. The closing date is '13th NOV 2023'. There are portraits of several Rotarians. A section titled 'Childrens Day Special' mentions 'Nov 14th 2023' and 'Show your Artistic Talent and keep your family and mates safe on our roads'. A table lists prizes: 1st Place (₹ 5000 CASH PRIZE), 2nd Place (₹ 3000 CASH PRIZE), and 3rd Place (₹ 2000 CASH PRIZE). It also mentions 'TROPHY + CERTIFICATES'. Rules are listed: 1. Entries can be on A-4 or A-3 Size Paper. 2. Entries must have name, Age, Class and School Contact details. 3. Content must highlight any aspect of Road Safety Awareness. 4. Only hand drawn entries considered for competition. 5. There is no restriction on usage of type of colour and material. 6. Care should be taken that the content is not copyright and is not inappropriate or against the rules and regulations of Road Safety. Contact information: E-mail your entries to: rotaryroadsafety2023@gmail.com. For Enquiries Contact: Rtn. Vishwas Shenoy (9850725571) and Rtn. Harsha Kumar Rai (9085564113).

EVENTS THAT JUST HAPPENED

MULTI DISTRICT RLI LEADERSHIP PROGRAMME

This block contains three images related to the Rotary Leadership Institute (RLI) event. The top image is a certificate from 'The Rotary Leadership Institute' recognizing the successful completion of Part II by Rtn. Suraj Hebbar from Rotary Mangalore downtown, District 3181, India, on 8th October 2023. The middle image is a poster for the 'MULTI DISTRICT ROTARY LEADERSHIP INSTITUTE' (PART - II) held on 8th October 2023 at Rotary Hall, G.T. Road, Madikeri. It lists the host as Rtn. Suraj Hebbar and the venue as Rotary Misty Hills Madikeri. The bottom image is a poster for 'RLI PART - II & PART - III' held on 8th October 2023 (Sunday) from 9:00 am to 5:00 pm at Rotary Hall, G.T. Road, Madikeri. It lists the host as Rtn. Harish H.M. and the venue as Rotary Misty Hills Madikeri. It also mentions the District Secretary (Training) for 2023-24, Rtn. Pramod Kumar Rai, and the Secretary, Rtn. B.N. Rathnakar Rai.

“Multi District Rotary Leadership Institute”- RLI Part-II & III, a Leadership Programme for Rotarians was held on 8th October, 2023 at Rotary Hall, G.T. Road, Madikeri. The programme is hosted by Rotary Misty Hills Madikeri. Major Donor Rtn Suraj Hebbar Neria from our club participated in the programme.

EVENTS THAT JUST HAPPENED

““ROTARY SPARDHAA -ZONAL INDOOR EVENTS FOR ZONE 2 & 3 ”

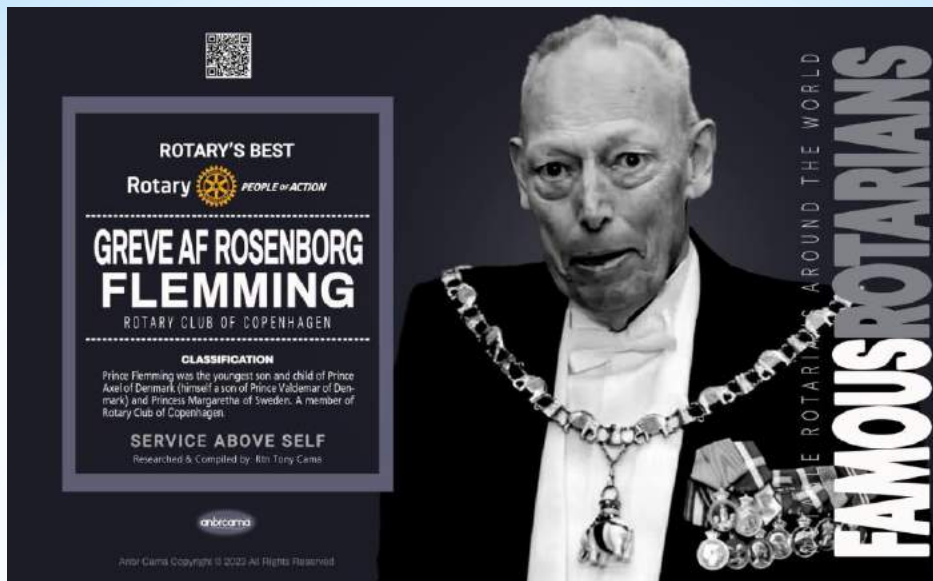


“Rotary Spardhaa” Zonal Indoor Games for Zone 2 & 3 was beautifully organised by Rotary Club of Mangalore Hillside on 8th October, 2023 at Father Muller’s Indoor Sports Complex. Our club actively participated in the indoor competitions. Rtn Eknath Dandekeri in Table Tennis (50 – 60 Yrs), Rtn Shodhan Shetty – Shuttle Badminton Singles (Below 40 Yrs), Rtn Shodhan Shetty & Ann Deeksha Shetty – Shuttle Badminton (Mixed Doubles), Rtn Ganesh Prabhu -Shuttle Badminton Singles (Above 60 Yrs), Rtn Rajesh Shetty – Shuttle Badminton Singles (50 – 60 Yrs) and Rtn Ganesh Prabhu & Rtn Rajesh Shetty - Shuttle Badminton Doubles (50 - 60 Yrs). Our Club won 3 Silver medals in Shuttle Badminton – Singles (50 to 60 Yrs and >60 Yrs) and Doubles (50 - 60 years category).

“Sports has the power to change the world. It has the power to unite people in a way that little else does. Sports can awaken hope where there was previously only despair. Sports speak to people in a language they can understand.”

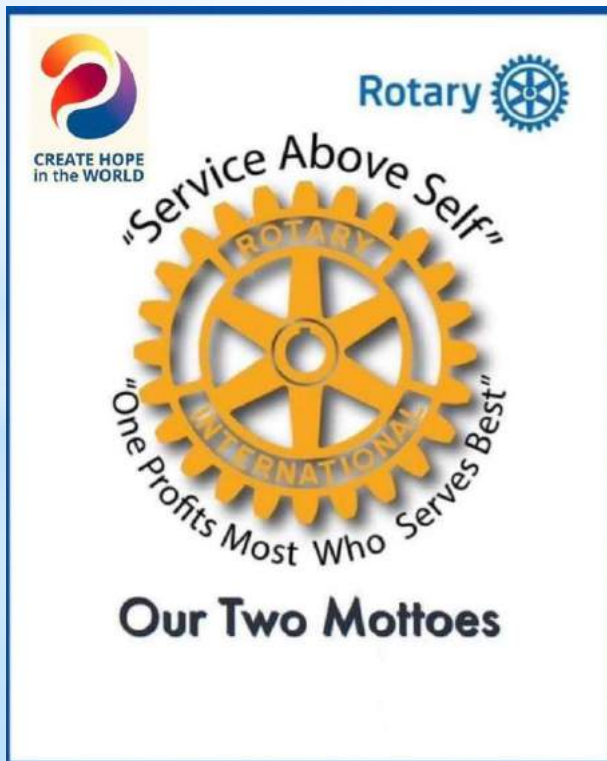
- Nelson Mandela

NOTABLE ROTARIANS AROUND THE WORLD



RTN. GREVE AF ROSENBERG FLEMMING

Prince Flemming was the youngest son and child of Prince Axel of Denmark and Princess Margaretha of Sweden. He is a member of Rotary Club of Copenhagen.



Latest news from RI Board Oct 2023 Meeting:

To eliminate the creation of an annual presidential theme and logo starting Rotary Year 2025–26*Back to our roots: Rotary Motto: Service Above Self and One Profits Most Who Serves Best.

ROTARIANS IN NEWS



Rtn Sreejesh P R

Congratulations for the Gold Medal in Hockey and holding Our Nations Flag and Every Indians Spirit High in recently held Asian Games, **Rtn Sreejesh P R** of Rotary Club of Kizhakkambalam, Rotary International District 3201



Congratulations

For Being the choice of Nomination
Committee to serve as Rotary International
Director for Zone 4&7

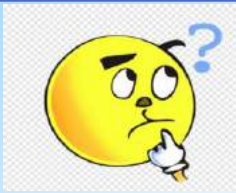
Your hard work paid off finally.
We are so Proud of you

PDG Ravi Vadlamani Anna
The Rotary Monk

PDG Rtn Ravi Vadlamani

PDG Rtn Ravi Vadlamani has been nominated by the Nomination Committee to serve as the International Director for Zone 4 & 7 for the year 2025-27.

Congratulations



BRAIN TEASERS



SUDOKU



7		1			3	8	5	
2	5			8		7		
		6						
			2		4			
8				6		5		
				7	5	3		
						4		
			4	1	6		3	
			5	3	8	6	1	

ROTARY QUIZ

- 1) What is the significance of 'Room No. 711' in Rotary International?
- 2) Within how many days, an active member may make up a missed club meeting by attending another club's meeting within 14 days of the missed club meeting?
- 3) What is the mission of 'The Rotary Foundation'?
- 4) What were the four original avenues of service in Rotary?
- 5) In which year was the 4 Way Test officially adopted by Rotary as its standard of ethics?

RIDDLES

A plane crashed between the border of France and Belgium. Where were the survivors buried?

ROTARY INTERNATIONAL STATEMENT ON ISRAEL – PALESTINE CONFLICT



Recognizing there has been protracted suffering in the long history of conflict between Israel and Palestinians in Gaza, Rotary International urges all parties to seek avenues to peace.

At the same time, we unequivocally condemn the horrific attack by Hamas on Israeli civilians and are appalled at the number of people who have been injured, killed and kidnapped.

As the war between Israel and Hamas intensifies, we remain deeply concerned about the potential for further escalation as well as the loss of life and the humanitarian crisis that is occurring in Gaza.

We denounce the violence against innocent civilians and support upholding international humanitarian law.

Peacebuilding is both a cornerstone of Rotary's mission and one of our areas of focus.

At our core, Rotary is a common ground for people to come together – across nationalities and religions, cultures and histories – and connect around their shared belief in a better tomorrow.

That connection is what humanizes us in times of conflict and builds a foundation for lasting peace.

Rotary remains committed to working with our members, partners, and communities to find long-term, sustainable solutions that support peace and development in the region and elsewhere.



**“It is not enough to win a war;
It is more important to organize the peace.”**

— Aristotle

Highlights from October, 2023 R.I. Board of Directors Meeting



Highlights from the October 2023 Rotary International Board of Directors Meeting

The 2023–24 RI Board of Directors met on 16–18 October 2023 at Rotary International World Headquarters in Evanston, IL, USA and reviewed 13 committee reports and recorded 48 decisions.

Club and District

The Board

- adopted a worldwide membership growth goal for Rotary clubs of 1,250,000 members by 1 July 2030 in celebration of Rotary's 125th anniversary;
- approved the creation of a new region to serve districts in Korea, effective 1 July 2025.

Programs and Awards

The Board

- reaffirmed its decision that upon the certification of polio eradication, to advocate in pre-selected countries for implementation of the polio post-certification strategy, as developed by the Global Polio Eradication Initiative;
- approved a new strategic partnership with the United Nations Environment Programme;
- renewed Rotary's service partnership with Ashoka;
- changed the name of the Rotary Citation to the Club Excellence Award, effective 1 July 2024.

Meetings

The Board

- agreed to President-elect Urchick's plan to hold a Presidential Peace Conference in Istanbul, Turkey, in February 2025;
- accepted the preliminary program of events and activities for the 2025 RI (Calgary) International Convention.

Administration and Finances

The Board

- elected Ann-Britt Åsebol, Ching-Huei "Frank" Horng, R. Gordon R. McNally, and Ijeoma "Pearl" Okoro, to be Trustees of The Rotary Foundation, beginning 1 July 2024 to serve terms of four years;
- agreed to sunset new presidential initiatives starting with Rotary year 2025–26 and encouraged future presidents to follow a designated process for any proposed new programs;
- agreed to eliminate the creation of an annual presidential theme and logo starting in Rotary Year 2025–26;
- approved a framework by which a set of multi-year Action Plan-led presidential messages are proposed by the Communications Committee and Strategic Planning Committee and approved by the Board, starting in Rotary Year 2025–26;
- approved a process of setting three-year rolling targets and three-year rolling regional plans for the club, district, and zone level beginning in 2024–25;
- agreed to the registration of "Rotary Australia New Zealand Asia Pacific" (or a similar name) as a not-for-profit company limited by guarantee in Australia to facilitate the Zone 8 regional pilot operations.
- agreed to submit to the 2025 Council on Legislation enactments to:
 - remove the requirement to hold an annual district conference;
 - remove mandatory reports from the Rotary Institute in order to make Institutes optional;
 - provide for a uniform process for removing officers and committee members for cause;

October reflections

“IMPORTANCE OF FINANCE & INSURANCE”



Rotary MANGALORE DOWNTOWN
(R. I. District 3181 Zone 3 Charter No 51077)

FAMILY HIGH TEA MEET
ECONOMIC & COMMUNITY DEVELOPMENT MONTH

IMPORTANCE OF FINANCE & INSURANCE
BY RTN ANIL BALIGA

11.10.23 WEDNESDAY 7.45PM
EDEN CLUB



Our member Rtn Anil Baliga gave a talk on “**IMPORTANCE OF FINANCE & INSURANCE**” on 11th October, 2023. It was a very good informative talk given by Rtn Anil Baliga sharing his experience and knowledge on Financial management and also on the importance of Insurance and Asset management. A highly interactive session.

ಕರಂಬಾರು: ಬೃಹತ್ ರಕ್ತದಾನ ಶಿಬಿರ

ಬಹುಜಿ.ಆ.30: ಪ್ರಾಥಮಿಕ ಆರೋಗ್ಯ ಕೇಂದ್ರ ಬೊಂದೇಲ್, ಹಳೆ ವಿದ್ಯಾರ್ಥಿ ಸಂಘ ಕರಂಬಾರು, ಶ್ರೀನಿವಾಸ್ ಮೆಡಿಕಲ್ ಕಾಲೇಜು, ರೋಟರಿ ಕ್ಲಬ್ ಡೌನ್ ಟೌನ್ ಇವುಗಳ ಸಹಯೋಗದೊಂದಿಗೆ ಬೃಹತ್ ರಕ್ತದಾನ ಶಿಬಿರ ಕರಂಬಾರು ಸರಕಾರಿ ಶಾಲಾ ಸಭಾಂಗಣದಲ್ಲಿ ನಡೆಯಿತು.

ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆಯನ್ನು ಹಳೆ ವಿದ್ಯಾರ್ಥಿ ಸಂಘದ ಅಧ್ಯಕ್ಷ ಸತೀಶ್ ದೇವಾಡಿಗ ವಹಿಸಿದ್ದರು. ಕಾರ್ಯಕ್ರಮವನ್ನು ರೋಟರಿ ಕ್ಲಬ್ ಡೌನ್ ಟೌನ್ ಮಂಗಳೂರು ಅಧ್ಯಕ್ಷ ಗಣೇಶ್ ಪುಟ್ಟು ಉದ್ಘಾಟಿಸಿದರು.

ಪ್ರಾಥಮಿಕ ಆರೋಗ್ಯ ಕೇಂದ್ರದ ಆರೋಗ್ಯಾಧಿಕಾರಿ ಡಾ. ಸಮೀರ್ ಎಸ್.ಜಿ. ರಕ್ತದಾನದ ಮಹತ್ವದ ಬಗ್ಗೆ ಮಾತನಾಡಿ, ರಕ್ತದಾನ ಶ್ರೇಷ್ಠ ದಾನ, ಎಲ್ಲರೂ ರಕ್ತ ದಾನ ಮಾಡಿ ಜೀವ ದಾನ ಮಾಡಿ. ರಕ್ತ ದಾನ ಮಾಡುವುದರಿಂದ ಆರೋಗ್ಯಕ್ಕೆ ಒಳ್ಳೆಯದು. ಕರಂಬಾರು ಶಾಲಾಭಿವೃದ್ಧಿಯಲ್ಲಿ ಹಳೆ ವಿದ್ಯಾರ್ಥಿ ಸಂಘದ ಪಾತ್ರ



ಮಹತ್ವವಾದದ್ದು ಎಂದು ಹೇಳಿದರು.

ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ರೋಟರಿ ಕ್ಲಬ್ ಡೌನ್ ಟೌನ್ ಮಂಗಳೂರು ಇದರ ಕಾರ್ಯದರ್ಶಿ ಉಮೇಶ್ ಗಟ್ಟಿ, ಶ್ರೀನಿವಾಸ್ ಮೆಡಿಕಲ್ ಕಾಲೇಜಿನ ಮೈಕ್ರೋ ಬಯೋಲಜಿಯ ಮುಖ್ಯಸ್ಥ ಡಾ. ಪವನ್ ಚಂದ್, ಶ್ರೀನಿವಾಸ್ ಆಸ್ಪತ್ರೆಯ ಬ್ಲಡ್ ಬ್ಯಾಂಕ್‌ನ ಮೆಡಿಕಲ್ ಅಧೀನಶಾಸ್ತ್ರ ಡಾ. ಮಧುಕರ್, ಕರಂಬಾರು ಶಾಲಾ ಮುಖ್ಯ ಶಿಕ್ಷಕ ಉಪಾಧಿಕಾರಿ, ಶ್ರೀ ಮಹಾಲಕ್ಷ್ಮೀ ದೇವಸ್ಥಾನ ಕರಂಬಾರು, ಇದರ ಅಧ್ಯಕ್ಷ ಲಕ್ಷ್ಮಣ್ ಬಂಗೇರ, ಶ್ರೀದೇವಿ ಭವನ ಮಂದಿರ ಕೆಂಚಾರು ಕರಂಬಾರು ಇದರ ಅಧ್ಯಕ್ಷ ಕೇಬಿಲ್ ಪೂಜಾರಿ, ಯುವ

ವಾಹಿನಿ ಕರಂಬಾರು ಕೆಂಚಾರು ಅಧ್ಯಕ್ಷ ಭರತ್ ಪೂಜಾರಿ, ನವಶಕ್ತಿ ಸೇವಾ ಸಂಘ ಮಂಗಳೂರು ಇದರ ಅಧ್ಯಕ್ಷ ಉಮೇಶ್ ಕಟ್ಟಿ ಕುಳುನಾಡ ಕುಳುವೆರೆ ತುಡರ್ ಪುಂಡ್, ಕರಂಬಾರು ಇದರ ಅಧ್ಯಕ್ಷ ಸುಧೀಶ್ ಪೂಜಾರಿ, ಸ್ವರ್ಣಾ ಪುಂಡ್ ಕೆಂಚಾರು ಇವುಗಳು ಅಧ್ಯಕ್ಷ ಶಿವಪ್ರಸಾದ್ ಪೂಜಾರಿ ಉಪಸ್ಥಿತರಿದ್ದರು.

ಕಾಲೇಜ್ ಕುಂದಲ್ ನಿರೂಪಿಸಿದರು. ಪ್ರವೀಣ್ ಆಚಾರ್ಯ ವಂದಿಸಿದರು. ಬೊಂದೇಲ್ ಆರೋಗ್ಯ ಕೇಂದ್ರದಿಂದ ಸಾಂಕ್ರಾಮಿಕವಲ್ಲದ ರೋಗ, ಅಯುಷ್ಯಾನ್ ಭಾರತ್ ವಿಷಯದ ಬಗ್ಗೆ ಕ್ಯಾಂಪ್‌ನಲ್ಲಿ ಶಿಕ್ಷಣಲಾಯಿತು.

Our medical camp project was reported in **Udayavani Kannada Daily** dated **31.10.2023**

The Downtowners



State-level Bench Press championship 2023 was held on 1st October at Town Hall, Mangalore. Balanjaneya Gymnasium bagged the overall Championship in the event. Rtn Umesh Gatty is the president of Balanjaneya Gymnasium



Rtn Umesh Gatty was the Chief Guest at “Konaje Sharadothsava” held on 20th October, 2023 at Konaje organised by Sapthaswara Kalaa Thanda Seva Trust and Saarbajanika Sharadothsava Committee, Konaje. Rtn Umesh Gatty also donated Rs.10,000/- towards felicitating the achievers in different fields.

The Downtowners



Our member Rtn Suraj Hebbar is the proud owner of Maruti Suzuki's Jimny. He had the privilege and honour of unveiling the new variant of Jimny – Zeta + on 28th October, 2023 held at Nexa Mandovi Showroom located at Maryhill, Mangalore.



Rtn Rajesh B., is the President of Yuva Vahini Central Committee, was the Guest of Honour at the “Guru Bhajane & Guru Smarane” programme organised by Yuva Vahini, Kolya on 5th October, 2023.

The Downtowners



Dakshina Kannada District Selection trials for Roller Skating under different age categories were held on 14th October, 2023 at Doris Skate City, Mangalore. It was conducted in under the aegis of Dakshina Kannada Roller Skating Sports Association. Rtn. Umesh Gatty, being the Executive Committee member of the said association, participated in the event.



Rtn Dr Savitha Gatty participated in the cleaning campaign “Swachhatha Hi Seva”, organised on 2nd October, 2023 at Adyar Primary Health Centre by Swachh Bharath Mission (Rural) of Dakshina Kannada Zilla Panchayath, Adyar Gram Panchayath.

The Downtowners



Association of Consulting Civil Engineers (India), Mangalore Chapter in association with Ultra Tech Cement has organised a Technical Seminar on “Innovative Concrete Solutions for New Age Construction” on 10th October, 2023 at Mangalore. Our member Rtn Eknath Dandekeri, Treasurer of the Association, participated in the seminar.



Rtn Dr. Savitha Gatty, gave training all the Medical Officers of the DK District, Block Health Educators, Health Supervisors of all taluks on Anaemia Mukth Poushtika Karnataka on 31st October, 2023 at Nethravathi Auditorium of Dakshina Kannada Zilla Panchayath. Approximately 100 trainees were participated in the training.



BIRTHDAY WISHES TO OUR MEMBERS AND THEIR FAMILY MEMBERS

RTN PARINEETHA SHENOY	3rd November
Jon PRATHUL KOTIAN, S/O. RTN. PRASHANTH KOTIAN	10 th November
Jon PRANAY SUVARNA, S/O. RTN. RAHUL SUVARNA	11 th November
Jon ANIRUDH SHETTY, S/O. RTN. RAJESH SHETTY	14 th November
RTN UMESH GATTY	17 th November
Ann. SAHANA GANESH, W/O. RTN. GANESH M. P.	17 th November
RTN.PRASHANTH NAYAK	20 th November
RTN. RAJESH B.	30th November

It is scientifically proven that people who have more birthdays live longer. Congrats on your success.



WEDDING ANNIVERSARY WISHES TO OUR MEMBERS

Rtn. RAJESH B.& Ann.ROOPA RAJESH	6th November
Rtn. PRASHANTH KOTIAN & Ann.PRITHVI PRASHANTH	6 th November
Rtn. EKNATH DANDEKERI & Rtn. ASHALATHA DANDEKERI	6 th November

May you both enjoy one another's company today and always. Best wishes on your marriage anniversary!

NOVEMBER – ROTARY FOUNDATION MONTH



Through our Foundation, Rotary members have supported thousands of projects to provide clean water, fight disease, promote peace, provide basic education, and grow local economies. We've also been a leader in the fight to eradicate polio worldwide.

AREAS OF FOCUS

We direct our efforts in six areas to enhance our local and global impact. Our most successful and sustainable projects and activities tend to fall within the following

areas: (1) Promoting peace, (2) Fighting disease, (3) Providing clean water, (4) Saving mothers and children, (5) Supporting education, (6) Growing local economies.

HISTORY OF THE ROTARY FOUNDATION:

At the 1917 convention, outgoing RI President Arch C. Klumph proposed to set up an endowment “for the purpose of doing good in the world.” In 1928, it was renamed The Rotary Foundation, and it became a distinct entity within Rotary International.

GROWTH OF THE FOUNDATION:

In 1929, the Foundation made its first gift of \$500 to the International Society for Crippled Children. The organization, created by Rotarian Edgar F. “Daddy” Allen, later grew into Easter Seals.

When Rotary founder Paul Harris died in 1947, contributions began pouring in to Rotary International, and the Paul Harris Memorial Fund was created to build the Foundation.

EVOLUTION OF FOUNDATION PROGRAMS:

1947: The Foundation established its first program, Fellowships for Advance Study, later known as Ambassadorial Scholarships.

1965-66: Three programs were launched: Group Study Exchange, Awards for Technical Training, and Grants for Activities in Keeping with the Objective of The Rotary Foundation, which was later called Matching Grants.

1978: Rotary introduced the Health, Hunger and Humanity (3-H) Grants. The first 3-H Grant funded a project to immunize 6 million Philippine children against polio.

1985: The PolioPlus program was launched to eradicate polio worldwide.

1987-88: The first peace forums were held, leading to Rotary Peace Fellowships.

2013: New district, global, and packaged grants enable Rotarians around the world to respond to the world's greatest needs.

Since the first donation of \$26.50 in 1917, the Foundation has received contributions totalling more than \$1 billion.

Strong financial oversight, a stellar charity rating, and a unique funding model mean that we make the very most of your contribution. Give and become a part of Rotary's life-changing work!



SMILEO.K. PLEASE



HEALTH CARE

A woman brought a very limp duck in to a veterinary surgeon.

As she laid her pet on the table, the vet pulled out his stethoscope and listened to the duck's chest.

After a moment or two, the vet shook his head sadly and said, "I'm sorry, your duck Cuddles, has passed away.

"The distressed woman wailed, "Are you sure?"

"Yes, I am sure. The duck is dead," replied the Vet.

"How can you be so sure?" she protested. "I mean you haven't done any testing on him or anything. He might just be in a coma or something.

"The vet rolled his eyes, turned around and left the room.

He returned a few minutes later with a Labrador.

As the duck's owner looked on in amazement, the dog stood on his hind legs, put his front paws on the examination table and sniffed the duck from top to bottom. He then looked up at the vet with sad eyes and shook his head.

The vet patted the dog on the head and took it out of the room.

A few minutes later he returned with a cat.

The cat jumped on the table and also delicately sniffed the bird from head to foot. The cat sat back on its haunches, shook its head, meowed softly and strolled out of the room.

The vet looked at the woman and said, "I'm sorry, but as I said, this is most definitely, 100% certifiably, a dead duck.

"The Vet turned to his computer terminal, hit a few keys and produced a bill, which he handed to the woman.

The duck's owner, still in shock, took the bill. "Rs. 3000!" she cried, "Rs. 3000 just to tell me my duck is dead!

"The vet shrugged, "I'm sorry. If you had just taken my word for it, the bill would have been Rs.100, but with the "Lab Report " and the "Cat Scan", it's now Rs 3000.

"This is healthcare today 🧑🏻♂️🧑🏻♂️🧑🏻♂️🧑🏻♂️





Next year, Rotary takes a step toward supporting peacebuilding in the Middle East and North Africa region when recruitment begins for our newest peace center in partnership with Bahçeşehir University (BAU) in Istanbul. A series of events in the coming year will recognize the new center at BAU and Rotary's work to promote peace. The 2024 Rotary International Convention in May will mark 25 years since the first Rotary Peace Centers were announced — coincidentally at the Rotary Convention in Singapore in 1999. Recruitment for the first cohort of Rotary Peace Fellows at BAU also starts in 2024, and selected candidates will begin their program in early 2025.

Since its beginning, the peace centers program has prepared more than 1,700 peace fellows working in more than 140 countries to create a more peaceful world. That is certainly worth celebrating, but Rotary Peace Fellows are more than statistics on a page. Their actions have helped *Create Hope in the World* and will continue to do so.

For example, Jennifer Montgomery and Gorett Komurembe — peace fellows from the program at Makerere University in Uganda — are co-founders of Magenta Girls Initiative. The international nongovernmental organization equips Ugandan girls and young women with the support and tools to overcome harmful gender norms, generational poverty, gender-based violence, trafficking, and trauma.

Ndzi Divine Njamsi, another peace fellow who studied at Makerere, has taken lessons learned about Positive Peace and is sharing them with students of his own in Cameroon. He became interested in the Rotary Positive Peace Activator training program after witnessing extremism, online hate speech, and violence in Cameroon. Since completing the program, he has brought his lessons on peace to students at the Yaoundé International Business School and other organizations in the Central Africa country.

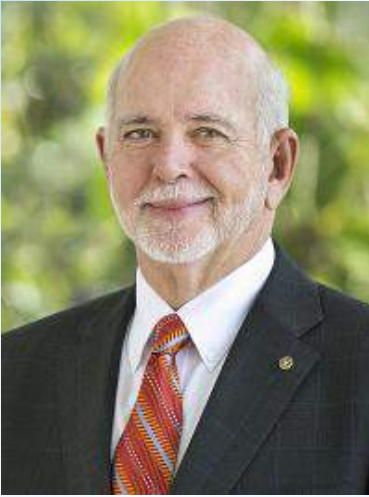
The world needs more people like the graduates of the program at Makerere and our other peace fellows. To that end, we can all advance peace by encouraging our local peacebuilders to learn more about Rotary and apply for this impactful fellowship. Rotary members can also mentor candidates for the fellowship. Or you can work with peace fellows who have already graduated. They probably have an initiative or two that would benefit from your help.

Our peace centers in North America, Europe, Africa, Australia, and Asia depend on financial support as well. The program at BAU was made possible thanks to a generous gift of \$15.5 million to The Rotary Foundation from the Otto and Fran Walter Foundation.

This new Rotary Peace Center will offer a one-year professional development certificate in peace and development studies for fellows focusing on peacebuilding within the Middle East and North Africa region.

Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.

TRF TRUSTEE CHAIR'S MESSAGE- NOVEMBER 2023



This month, as we celebrate The Rotary Foundation, let's recognize it for what it is: one of the world's best humanitarian organizations. Many charities, relief organizations, and nonprofits do the same type of work, and the public associates them with the causes they work on. But I wonder how many people know that Rotary supports those same causes — seven of them in fact — which we call our areas of focus.

If they want clean water, good health, and a sustainable future for our planet, they support what our Foundation does. If they envision a world where peace, full literacy, and economic opportunities for communities to support themselves exist, they also believe in Rotary's mission. And if they want to see mothers and their babies

thrive, their vision aligns with the work we do.

And we have a lot of work in progress through the Foundation. Polio eradication is changing the world, one drop of vaccine at a time. Rotary Peace Centers are training peacebuilders to reduce violence and resolve conflict. And through Foundation global and district grants, we are improving lives in a real way.

The way we work also sets us apart. We have global reach, with more than 48,000 field offices in the form of Rotary and Rotaract clubs. We emphasize good stewardship of your funds and efficient implementation of your projects. And we always aim for sustainable solutions.

During the 2022-23 Rotary year, the Foundation awarded 1,098 global grants. If you think of what a single grant can do, you begin to grasp the scale of our work and the magnitude of our impact — an impact people can see and feel in their daily lives.

Our district supported a global grant project that focused on basic education and literacy in Malawi, where we helped train 38 teachers who are responsible for 4,000 students. We also built two toilets and installed a pump, so they had water for drinking and hand washing.

I will never forget that when Esther and I visited the school, a young boy pointed to my Rotary pin, recognizing it from other volunteers who wore their pins during the project. He said, "I know you helped me. I won't be able to travel to thank the others who helped me, so please thank them for me."

So thank you, Rotary, on behalf of a child in Malawi whose future you made a little brighter, and on behalf of thousands of others you have helped by supporting The Rotary Foundation.

Barry Rassin
Trustee Chair 2023-24

ANSWERS TO BRAIN TEASERS

SUDOKU

7	9	1	6	4	3	8	5	2
2	5	4	1	8	9	7	6	3
3	8	6	7	5	2	9	4	1
6	3	5	2	9	4	1	7	8
8	2	7	3	6	1	5	9	4
4	1	9	8	7	5	3	2	6
1	6	3	9	2	7	4	8	5
5	7	8	4	1	6	2	3	9
9	4	2	5	3	8	6	1	7

ROTARY QUIZ

- 1) Room 711 of the old Unity Building, formerly located at 127 North Dearborn Street in downtown Chicago, Illinois, U.S.A., was the birthplace of Rotary International. That historic room, which was the office of engineer Gus Loehr, was the location of that first meeting when Paul Harris met with several friends to discuss his new idea of a club for professionals and businessmen.
- 2) Within 14 days of the missed club meeting.
- 3) To enable Rotarians to advance world understanding, good will, and peace through the improvement of health, the support of education, and the alleviation of poverty.
- 4) Club, Community, International and Vocational Service.
- 5) 1943.

RIDDLES

They weren't buried. Survivors don't need to be buried.